



## Project participants from Zambia



- 1) The University of Zambia
- 2) Ministry of Higher Education
- 3) Kabwe Municipal Council (KMC)
- 4) Ministry of Health (MOH)
- 5) Ministry of Mines and Minerals Development
- 6) Ministry of Lands, Natural Resources and Environmental Protection
- 7) Zambia Environmental Management Agency (ZEMA)
- 8) National Remote Sensing Centre

#### Examples of toxic metal diseases (Pb, Hg, Cd, As)



Cadmium (Cd) toxicity (>100 deaths) - Itai itai disease (Japan, 1967)

Methylmercury (Hg) toxicity (>1000 deaths) - Minamata disease (Japan, 1956)

Lead (Pb) toxicity (>400 children died) - Nigeria (2010)

Arsenic (As) toxicity (>1000 deaths) - Bangladesh (1970-)

# **Background - Kabwe City**

- □ Long history of Pb-Zn mining
  - From 1902 to 1994
- Extensive Pb contamination of township soils in the vicinity of the mine
- □ Kabwe has attracted worldwide attention





#### Pb exposure factors







#### Pb exposure factors





## Our research activities in Kabwe City



# Outline of PAST studies

Pb & Cd

contamination in

<u>chicken</u>

# Pb poisoning in children?

2012~

Soil contamination and diffusion

2009~2011

Pb & Cd contamination in <u>Cattle</u>

2008~2009

Kabwe Pb & Zn Mining

goat

#### Soil sampling (n=101, May 2009)



#### Zn, Pb and Cu concentrations in Kabwe soils



	Zn	Pb	Cu
Range	<u>5 – 91,000</u>	<u>9 – 51,000</u>	<u>2 – 5,000</u>
Median	610	280	40
<b>FAO Limits</b>	500	150	100

#### Cd and As in Kabwe soil



Pb pollution in Chiildhrein?

#### Pb & Cd contamination in <u>chicken</u>



Soil contamination and diffusion

#### Pb & Cd contamination in <u>Cattle</u>

Kabwe Pb & Zn Mining

#### Regional difference of Pb in cattle liver in Zambia



#### Regional difference of Cd in cattle kidney in Zambia



# High Pb and Cd levels in muscle and offal of Free-range chickens (n=17) in Kabwe



Scavenging Free-range chicken



Pb and Cd xceeded the permissible limits

#### Pb and Cd comparison in liver of Broiler (n=32) and Free-range (n=17) in Kabwe



# Pb poisoning in children?

2012~

# **Outline of PAST studies**

Pb & Cd contamination in Chiicken

Soil contamination and diffusion

Pb & Cd contamination in Cattille

Kabwe Pb & Zn Mining





- Childhood lead (Pb) poisoning is a serious public health concern
  Toxicity affects multiple organ systems resulting in numerous morphological, biochemical and physiological changes
  - Hematological disorders
  - Nervous system disturbances
  - Impairment of liver and kidney functions

#### □ Young children are vulnerable to Pb poisoning

- Hand-to-mouth activities
- Higher gastrointestinal absorption of Pb (40 50%)
- Iron and calcium deficiencies enhance Pb absorption
- Only 70% of absorbed Pb is stored in bones and teeth
- Sensitivity of the developing nervous system to Pb toxicity
- Persistent neurological effects after exposure

# Lead exposure and critical BLLS





Clinical signs/symptoms are non specific Clinical diagnosis of lead poisoning is difficulty

# **Clinical signs and symptoms**



#### Human sample collection - May 2012

#### Map of Kabwe



■ We collected samples from local communities around Pb-Zn mine. ■ 0-7 years old children were main participants. ■ 3 Health Centres (Makululu, Kasanda, Chowa area) 299 blood ■ 250 urine 250 feces (It was difficult to collect urine and fecal samples from all participants)

Road to Lusaka



Number of children and percent

# Blood Pb concentrations (ug/dL)

## BLL: Kasanda vs Makululu (Boys and girls analyzed separately)



Kasanda was significantly higher in both boys and girls

#### Age difference (0-3 years vs 4-7 years)



Younger children had significantly higher BLL than older children

#### **Correlation between Age & blood Pb**



#### **Publications on PAST research**

- **1. Yabe J** et al. Lead poisoning in children from townships in the vicinity of a lead-zinc mine in Kabwe, Zambia. Chemosphere119:941-7 (2015)
- 2. Nakayama SMM, et al. Accumulation and biological effects of metals in wild rats in mining areas of Zambia. Environmental Monitoring and Assessment 185:4907-4918 (2013)
- **3.** Yabe J et al. Metal distribution in tissues of free-range chickens near a lead-zinc mine in Kabwe, Zambia. Environ Toxicol Chem. 2013 Jan;32(1):189-192.
- 4. Nakayama SMM, et al. GIS-based source estimation of Cu pollution in Lake Itezhi-tezhi and metal accumulation profiles in Oreochromis spp. from both field and laboratory studies. Arch Environ Contam Toxicol. 2013 Jan;64(1):119-129.
- 5. Nakayama S.M.M, et al. Metal contaminated soil from mining area caused metal accumulation and biological responses in rats. JJVR, 61:S77-S79 (2013)
- 6. Yabe J et al. Accumulation of metals in the liver and kidneys of cattle from agricultural areas in Lusaka, Zambia. J Vet Med Sci. 2012 Oct;74(10):1345-7.
- 7. Nakayama SMM, et al. Metal and metalloid levels and bio-accumulation characteristics in soil, sediment, land plants and hippopotami (Hippopotamus amphibius L) from the South Luangwa National Park, Zambia. Ecotox Environ Saf. 2012 Jun;80:333-8.
- 8. Yabe J et al. Uptake of lead, cadmium, and other metals in the liver and kidneys of cattle near a lead-zinc mine in Kabwe, Zambia. Environ Toxicol Chem. 2011 Aug;30(8):1892-7.
- **9. Nakayama SMM** et al. Metal and metalloid contamination in roadside soil and wild rats around a Pb-Zn mine in Kabwe, Zambia.Environmental Pollution 159 (2011) 175-18.
- 10.Yabe J, et al. Current levels of heavy metal pollution in Africa. J Vet Med Sci. 2010 Oct;72(10):1257-63.
- **11.Nakayama**, et al. Heavy metal accumulation in lake sediments, fish (Oreochromis niloticus and Serranochromis thumbergi) and crayfish (Cherax quadricarinatus) in Lake Itezhi-tezhi and Lake Kariba, Zambia. Arch Environ Contam Toxicol. 2010 Aug;59(2):291-300.





- Dextent of Pb pollution and poisoning in Kabwe?
- □ Exposure pathways?
- □ Health impact of Pb poisoning?
- DEconomic impact of Pb pollution?
- □Neurodevelopmental impact of Pb poisoning?
- □ Suitable remedial measures?



# KAMPAI Project:

#### KAbwe Mining Pollution Amelioration Initiative

**KAMPAI** Project

Japanese side: Hokkaido University



Zambian side: University of Zambia and GRZ Ministries

World Bank and Pure Earth (NPO)

# **KAMPAI Project Outputs**

Output 1: Monitoring and risk assessment in Kabwe mining area (and geo-ecological surveillance of broad areas in Zambia)



Faculty of Agriculture Science team: Measurement of lead in soil and environmental samples in detail

Output 2: Establishment of economic assessment system for human/animal health and ecosystem and visualization



Faculty of Veterinary Medicine, Medice, Education and Economics team: Risk and economics assessment

Output 3: Development of geo-ecological database and remediation technology



Faculty of engineering team: New environmental remediation technology of the soil

**Output 4: Capacity building** 

#### Project preparatory meetings - 2015





# Project Output 2 (2016 – 2020)

#### **Specific objectives**

- Measure blood Pb concentrations in mother (venous and cord blood) and child pairs in Kabwe
- Measure Pb levels (blood, urine and feces) in children under the age of 7
- Measure Pb concentrations in breast milk
- Measure biomarkers to determine the effects of Pb exposure
- Neurodevelopment assessment of Pb exposure in children
- Assess the socio-economical impact of Pb pollution in Kabwe

# Blood Pb concentrations in children, maternal blood and breast milk

#### Lead crosses the placenta

- Maternal and umbilical cord blood Pb levels have a strong correlation
- Blood Pb levels of the infant is similar to that of the mother

#### Milk Pb levels

- Pb levels in breast milk increase with levels in maternal blood
- Concentrations in breast milk indicates postnatal exposure
- Fetuses and infants are at the highest risk of Pb neurotoxicity



# Stable Pb isotope ratios and biomarkers

Stable Pb isotope ratios
 ➢ICP-MS

➤ To clarify source of exposure

Blood biochemistry

COBAS Ready - blood chemical analyser

To determine health effects

Plasma/Urine biomarker
 ➢ HPLC-UV

> To determine markers of exposure and effect

## **Neurodevelopment Assessment**

• Children under 3 years of age

Infants and their mothers will be followed up for a period of 48 months at birth and thereafter every year

➤The Ages and Stages Questionnaire (ASQ) will be used to assess the cognitive, motor, language and behaviour of infants from one to 42 months of age

#### Neurodevelopment Assessment: 3-10 years old

- Zambia Child Assessment Tool (ZamCAT)
  - For preschool children to assess language, cognition and fine motor skills
- Neuropsychological Assessment Tool (NEPSY)
  - For 3-16 year old to assess subtle central nervous system deficits (social, academic and behavioural difficulties)
- Universal Nonverbal Intelligence Test (UNIT)
  - For 5-17 year old to assess general intelligence using nonverbal means
- Kaufman's Assessment Battery for Children (KABC-II)
  - For 7-18 year old to assess cognitive and mental processes (Sequential Processing, Simultaneous processing, Learning and Planning Ability)

## **Economic impact assessment**

- The impact of lead in Kabwe will be "quantitatively" estimated to establish a model for new assessment system
- No study has compared the Pb exposure of individuals and their socioeconomic conditions for the Kabwe pollution case
- We will investigate the interaction between Pb concentrations of the studied individuals and their socioeconomic characteristics
- We will also investigate the economic consequences of the environmental and health effects in terms of productivity and other related consequences

# **Ethical Considerations**

- The following specific standards will be upheld:
  - Ethical clearance already obtained from UNZABREC
  - Clearance already obtained from (NHRA MOH)
  - > Written informed consent will be obtained from parents
  - Minimum risk will be upheld in the drawing of biologic samples by the local medical personnel
  - Samples (cord blood, breast milk, blood, hair and urine) will be disposed off according to stipulated guidelines
  - The presence of the parent/caregiver during the neurodevelopmental testing will also be a requirement
  - Respondents will be assured of confidentiality
  - Parents/guardians of affected children will be referred for further assessment and therapy for the child

# **Chelation therapy**

- Intravenous formulations
  - When clinical symptoms consistent with lead poisoning or when blood lead levels are greater than 70 μg/dL
  - Edetate calcium disodium (CaNa2EDTA) can be used in conjunction with dimercaprol
- Oral formulations
  - $\geq$  Recommended for BLL > 45 µg/dL
  - Dimercaptosuccinic Acid (DMSA, Succimer) is the drug most commonly used
  - Other oral agents include DMPS (Unithiol) and penicillamine
  - Zinc can be adversely affected by DMSA

## Pb poisoning treatment protocol (DMSA)



## Thank you for your attention

